

## **KUNG FU TRAINING ALL MODERN SELF DEFENSES FREE PDF%0A**

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### **Thoughts on Self Defense Martial Arts such as Krav Maga**

Thoughts on "Self Defense" Martial Arts such as Krav Maga, Kajukenbo, Hapkido, or Kung Fu San Soo? (self.martialarts) submitted 3 years ago \* by Trainer\_Kevin TKD/BJJ/Muay Thai/MMA. What're your guys' opinions on self-defense oriented styles that have a focus on street-readiness applicability. For me, I've noticed that a huge potential problem in a lot of these styles would be the lack of

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